

## **COVID-19 Vaccine Testimonials from people with sickle cell disease.**

Includes their sex, age and the maker of the vaccine they received.

### **Male age 16-17 Pfizer**

My experience with the vaccine was just like I was told it would be I had soreness in my arm after and I was a little groggy after the vaccine and experienced headaches right after

### **Male age 16-17 Pfizer**

Only been about a day so far but haven't had any extreme symptoms, arm is only sore when moved extremely or pressed.

### **Male age 18-29 Pfizer**

No side other effects so far. At the injection site sore if pressed.

### **Male age 18-29 Moderna**

I went in knowing that there were going to be slight side effects like soreness and flu like symptoms, so I tried to prepare myself as best as I could. My first dose went okay, I didn't feel any soreness for a few hours, but once it started getting sore, it borderline turned into pain. From the top of my shoulder all the way to my fingertips, I felt pain.

I've gotten muscle shots before but none of them hurt this bad afterwards. I had a really hard time trying to sleep that night because I couldn't get comfortable and the soreness was almost unbearable at certain points. This lasted for about a day and a half. So I recommend getting the shot in the less dominant arm, and taking Tylenol or something for the soreness. Nothing more than that happened to me.

The second dose went okay as well. I was expecting to get flu like symptoms this round because that's what I was hearing about it. So I took the following day off just in case. I got it, and the shot sight was sore afterwards but not nearly as bad as the first round. I remember being colder than normal that day. I would be fine under the blankets but the second I left, I'd be freezing cold. Didn't have too much of a problem sleeping that night.

The next day though, I took a total of four naps. For some reason I could not build up enough energy to get anything done. I would do a tiny task, like eat, then fall right back asleep for a couple hours. After that, I was fine. No other side effects. I'm thinking my body was just going through it trying to figure out what foreign substance is in it, so it was using lots of my energy trying to figure it out.

That's basically it. Nothing abnormal, or anything that worried me too much. I'm glad that the vaccine is becoming readily available for everyone. If there are any questions that you or anyone else in the sickle cell family may have for me, please feel free to ask. I'm an open book and wanna help our people out as much as I can.

Thank you for your time! Be safe out there

### **Female age 30-49 Moderna**

I took the first shot 2 weeks ago and I am feeling good

**Female age 30-49 Pfizer**

It was fine the first shot may me feel some type of way. It was more of a psychological thing. My arm only hurt for a day. Received my 2nd dose and I'm good. I didn't get sick. Haven't been sick. I'm happy I got it.

**Female age 30-49 Pfizer**

"1st Shot - I had minor pain at the site during the first 48hrs, then itching at the site on day 3 & 4.

2nd Shot - After about 4 to 6 hrs,I developed sickle cell crisis-like pain. It was painful, and lasted about 4 days. Tend to worsen when I would sit down, so I stayed in bed for the most part on those 4 days, and took Tylenol as needed. My heating pad was/is my best friend on days like that, and it was very helpful to lie on it daily. By day 5, I was back to my old self."

**Female age 50-64 Johnson & Johnson (1 shot)**

I just received the shot yesterday morning, around 27 hours ago. I was specifically waiting for the j and j so that I would only get 1 shot and I was also fearful of the pain that I'd heard about the 2 dose shots lasting 1 to 2 days.

I had pain at the injection site on my arm right after getting it. It was pretty painful for about 3 minutes.

I sometimes get insomnia to the point of not sleeping at all during the night so this happened to be one of those nights. I tossed and turned sometimes feeling nauseous for about 3 to 5 minutes throughout the night and also feeling ache but not necessarily flu achy but sore from working out achy in my legs and back. I'm feeling okay now just sleepy and tired but probably more so from lack of sleep.

I got the shot because I am deathly afraid of getting COVID-19. I had it in November 2020 but the symptoms were very mild. I was extremely tired, fever for 2 days, vomit once, lost my taste, smell, and appetite for about 2 weeks, never going to the hospital. I've been much sicker before in my lifetime. So my main reason is fear of getting it again and not being so lucky next time.

"Update:

I was feeling hot and didn't think anything of it because I get hot flashes but I decided to take my temperature anyway and it's 100.2

I'm also feeling a little achy but like I said before, I've been sicker so I really don't feel too bad."

**Female age 50-64 Moderna**

First dose two days ago. No pain, slept like a baby.

**Female age 50-64 Pfizer**

"Dose - 1 Ok, well I received it on March 18, 2021

This is my first shot of 2, and it went great no problems. My arm is a little sore, and a little headache, but other than that I feel fine.

Dose - 2 It was good, no problem only a sore arm."

**Female age 50-64 Pfizer**

I receive my 2nd dose next week but for the 1st shot, I had a little headache and arm pain. I had never received the flu shot due to rarely getting a cold/flu but due to the COVID pandemic and ALL of my underlying issues, I figured it was best to proceed with this vaccine.

**Female age 50-64 Moderna**

dose 1 - Pain at injection site, couldn't sleep on it but after Tylenol everything was good.

**Female age 50-64 Pfizer**

I received my 1st dose of the Pfizer vaccine on Feb 20, with some soreness at the injection site for 2 days. My 2nd dose was on March 13, which was a Saturday and by mid Sunday afternoon I felt like I had the flu and felt fatigued. That only lasted a day. I feel fine now."

**Female age 50-64 Moderna**

The anticipation of the overall information about getting the shot outweighed the fear. I made my appointment with Kaiser, reread the information. Got to my appointment early. Only had a few days of arm soreness. And waiting for my second shot. I had no major problems for the first injection. Thank God.

**Female age 50-64 Pfizer**

Overall ok. Sore hand where I got the vaccine. A little chills and low grade fever of 100.4. Felt sleepy and tired so I slept it off and I am doing ok, now.